



PARS

PREVENTION AND RESILIENCY SERVICES



2024 ANNUAL IMPACT REPORT

welcome note

Greetings,

As we close out another year, I am happy to share a snapshot of our 2024 accomplishments.

During the year, we continued the great work that we have become known for:

- *Prevention Education* - sharing facts, primarily with youth in schools, about substance use, the associated risks, and impacts on performance.
- *Alcohol and Drug Assessments* - early intervention with assessment tools to help identify youth and adults that may need substance use treatment and/or other assistance.

We also focused on initiatives that work to meet our mission to build a safe, healthy and thriving community. This was done through partnerships with law enforcement and other community partners that support the fundamental make up of our community and the resources that are needed. You'll see a summary of those accomplishments listed under our *Safe Streets* program.

None of this work would be possible without the support of local grants and generous community sponsorships and donations that we continue to receive each year. I cannot express enough how much we value those partnerships.

Please review the report and contact me if you have any questions or any recommendations on how PARS might continue to have a positive impact on the Topeka and Shawnee County community. Also, let me know if you are interested in filling an upcoming board position.

Thank you for being a vital part of our work.

Sincerely,



Mandy Czechanski
Executive Director
mczechanski@parstopeka.org
785-249-4625



board members



A diverse group of professionals from our community giving their time to lead and govern PARS.

2024 board of directors

Tracey Stratton
Board President
Advisors Excel

Scott Sainato
Board Treasurer
Washburn University

Nicholas Casarona
Mirror Inc.

Lt. Matt Danielson
Topeka Police Department

Div. Chief Chuck Gatewood
Topeka Fire Department

Julie Mayfield
CoreFirst Bank

Brynn Mroz
Board Vice President
Kansas Legal Assistance Program

Kara Langin
Board Secretary
Washburn University

Navise Clark
Midland Care

Tana Griffith
Topeka Bar Association

Gordon Smith
Mirror Inc.

Aaron Starr
Edward Jones

mission statement

Prevention and Resiliency Services provide early intervention and prevention strategies that empower youth and families to make informed decisions, decrease substance use, and support a safe, healthy, and thriving community.

financial summary

PARS is a 501(c)(3) nonprofit organization that was established in 1965. Below is a recap from our most recently filed tax return, our 2023 Form 990.

| | |
|--------------------------|-------------------------------------|
| Total Revenue | \$704,899 |
| \$ 660,254 | <i>Contributions & Grants</i> |
| \$ 13,123 | <i>Program Service Revenue</i> |
| \$ 31,522 | <i>Other Revenue</i> |
| Total Expenses | \$780,241 |
| \$404,473 | <i>Salary & Benefits</i> |
| \$71,032 | <i>Professional Services</i> |
| \$58,027 | <i>Occupancy</i> |
| \$34,958 | <i>Insurance & Depreciation</i> |
| \$211,751 | <i>Miscellaneous</i> |
| Total Assets | \$1,125,984 |
| Total Liabilities | \$79,952 |

grant funders

- City Special Alcohol & Drug Funds
- County Special Alcohol & Drug Funds
- City of Topeka-Safe Streets
- Shawnee County-Safe Streets
- Kansas Fights Addiction
- Drug Endangered Children in Kansas
- Kansas Coalition on Problem Gambling
- American Relief Plan Act
- Topeka Credit Union Foundation

sponsors & donors

Community sponsors and donors help make it possible for PARS to provide services that may not be addressed under grant guidelines.

Thank you

- Acrisure Midwest
- Azura Credit Union
- Blackbird Espresso and Bistro
- Blue Cross and Blue Shield of Topeka
- Capitol Federal Foundation
- Central National Bank
- Classic Cutters Lawn Service
- Compass Marketing & Advertising Partners
- CoreFirst Bank & Trust
- Cohort Digital
- Dillons
- Evergy
- Federal Home Loan Bank
- FritoLay
- Heartland RADAC
- Heartland SERTOMA
- Hy-Vee
- HR Partners
- MARS
- Mirror Inc.
- Oleander Cafe
- Prairie Band Pottawatomi Nation
- Reser's Fine Foods
- Sam's Club
- Stormont Vail Foundation
- Topeka Police Department
- Wendling Noe Nelson & Johnson



*A special thanks to the sponsors of our
2nd annual Cornhole Tournament at Fairlawn Plaza Mall.*

program summary

The majority of services at PARS are offered at no cost thanks to grants and community donations. Our programs focus on three general areas.



Prevention Education

PARS provides prevention education for youth and adults based on evidence-based models and data to inform them about the risks inherent with substance use, empower them to make good decisions and decrease substance use overall. Most youth participate through local school partnerships.



Drug and Alcohol Evaluations

PARS provides multi-faceted professional assessments for youth and adults that are referred after a substance use event or a suspicion of use, primarily by schools, courts and attorneys. Our licensed addiction counselor utilizes evidence-based models and industry specific screening tools to help diagnose an individual's needs. Alcohol Drug Information School (ADIS) is also offered. We are the only agency in NE Kansas who has a Spanish class.



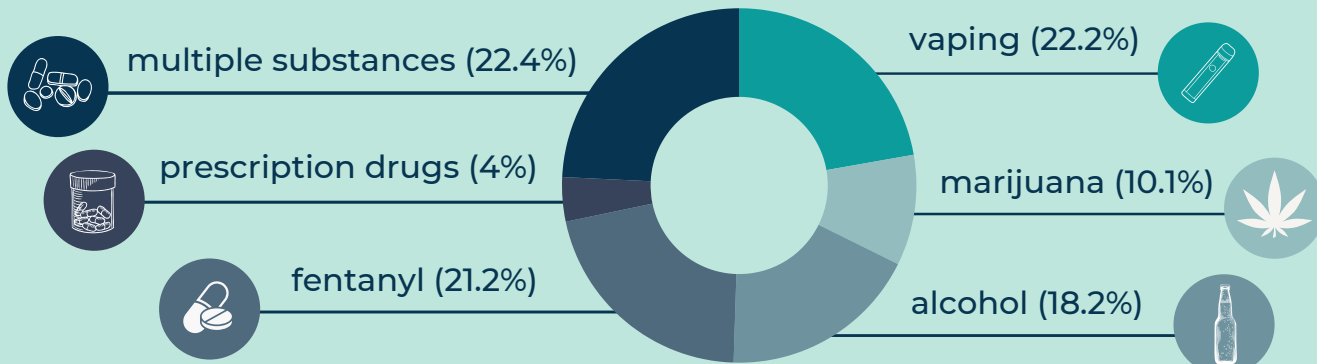
Safe Streets

PARS partners with other groups in an effort to understand the needs of our communities, improve access to resources, build connection, and reduce violence. Activities vary widely and adapt to current trends but currently include training on overdose identification and Naloxone administration, testing compliance with liquor laws and neighborhood initiatives.

prevention education highlights

substances

The different substances that students and adults were trained on:



locations

Locations of training sessions in Shawnee County



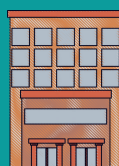
16
schools



1
college



2
summer camps



3
businesses

individuals served



5,747
youth served

total of
5,986
individuals served



239
adults served

evaluation highlights



Drug & Alcohol Assessments

103

individuals received
assessments

71

youth
served

32

adults
served



Interpreter Services

214 hours

assisting with Hispanic client assessments
and Spanish ADIS classes



Alcohol and Drug Information School (ADIS)

27 students

3 full day classes

safe streets highlights

30

Overdose Training and Naloxone Distribution

training sessions were provided in the community for overdose identification and Naloxone administration.

273

individuals were trained in overdose identification and Naloxone administration

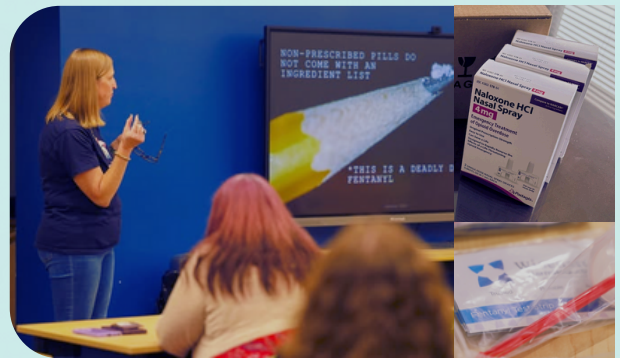
472

boxes of naloxone were distributed

1,245

Fentanyl Test Strips

test strips were distributed to help reduce the number of accidental overdoses.



30

National Night Out

neighborhoods in Topeka and Shawnee County received grants from PARS, totaling \$8,000, to support their neighborhood events



31

community organizations, local law enforcement and fire provided educational info and activities at the NEW NNO Community event at Westridge Mall with over 600 in attendance



3

Townhall Meetings

community centers in high crime areas held townhall meetings with the goal to reduce violence in their neighborhoods, develop resources and build cohesiveness or a sense of belonging



1

Cities United 3-Day Community Convening

inclusive meeting to engage community stakeholders and begin developing a comprehensive strategy to reduce violence in our community with a focus on those who are experiencing it

2

Community Education

community-wide prevention education sessions were held in collaboration with city, county and media partners



4

Liquor Compliance

controlled buy operations in Topeka, in partnership with Alcohol Beverage Control, to test the compliance of liquor sales to minors

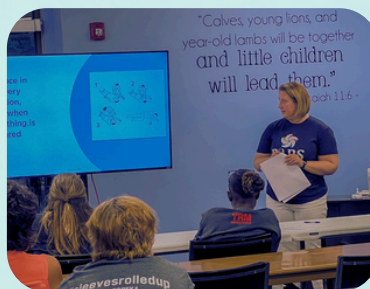
73

businesses tested with a 98% compliance rate

21

Community Support

fairs and events attended that were sponsored by other community agencies and nonprofits



pars staff



Lynn Smith
Community Prevention
Specialist



Haley Gil
Community Prevention
Youth Coordinator



Jenee Workman
BS, LAC, PCCM
Licensed Addiction
Counselor



Maya Berry
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contact us



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contractors

Trisha McCourt, LAC
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Irene Caballero
Interpreter

Nancy Riegel
Interpreter

Lisa Boyle
Fund Development &
Strategic Planning